

Ergebnisse

2. Lauf im Fürst-Pückler-Pokal 2012

24. März 2012 - Cottbus

43. Branitzer Parklauf

21,1 km

M 20

| | | | | |
|-----------------------|------|------------------------|---------|----|
| 1. Flehmig, Martin | 1986 | TV Dresden | 1:25:12 | 30 |
| 2. Hanisch, Marius | 1988 | TSV Cottbus | 1:28:16 | 27 |
| 3. Habeck, David | 1986 | LT Lausitz Hoyerswerda | 1:37:05 | 24 |
| 4. Schroth, Christoph | 1990 | TSV Cottbus | 1:40:51 | 22 |
| 5. Bossan, René | 1988 | SV Großräschen | 1:45:38 | 21 |
| 6. Engmann, Marco | 1984 | Blau-Weiß Kromlau | 2:06:58 | 20 |

M 30

| | | | | |
|--------------------|------|-------------------------|---------|----|
| 1. Seher, Daniel | 1982 | LC Cottbus | 1:18:28 | 30 |
| 2. Doring, Sven | 1979 | LC Cottbus | 1:29:23 | 27 |
| 3. Rotter, Michael | 1982 | SV Wacker Komptendorf | 1:29:49 | 24 |
| 4. Joswig, Oliver | 1978 | Team Mühlenberg Cottbus | 1:38:11 | 22 |
| 5. Pilarski, Georg | 1980 | Potsdam | 1:43:51 | 21 |
| 6. Kluge, Tobias | 1980 | Chemnitz | 2:11:29 | 20 |

M 35

| | | | | |
|----------------------|------|---------------------|---------|----|
| 1. Grabitz, Andreas | 1973 | ESV Lok RAW Cottbus | 1:37:38 | 30 |
| 2. Bär, Steffen | 1975 | LTSV Forst 1990 | 1:44:36 | 27 |
| 3. Habertag, Mathias | 1974 | LSV Neuhausen | 1:44:40 | 24 |

M 40

| | | | | |
|-----------------------|------|-------------------------------------|---------|----|
| 1. Riedmann , Johann | 1969 | LT Lausitz Hoyerswerda | 1:23:03 | 30 |
| 2. Thierfelder, Lutz | 1972 | LTSV Forst 1990 | 1:23:36 | 27 |
| 3. Misera, Dr. Silvio | 1969 | Die Rennschnecken Cottbus | 1:28:25 | 24 |
| 4. Scharmacher, Ingo | 1971 | Cottbus/OT Döbbrick | 1:35:13 | 22 |
| 5. Halla, René | 1970 | LT Lausitz Hoyerswerda | 1:35:48 | 21 |
| 6. Steinmetz, Sven | 1971 | Team Sport Freigang Cottbus | 1:38:54 | 20 |
| 7. Kirchhof, Ronny | 1969 | Team Sport Freigang Cottbus | 1:38:55 | 19 |
| 8. Erben, Horst | 1968 | LC Cottbus | 1:39:02 | 18 |
| 9. Keilwagen, René | 1972 | NLLB Cottbus | 1:39:19 | 17 |
| 10. Rätze, Thomas | 1971 | Spremberg | 1:39:24 | 16 |
| 11. Nasdal, Thomas | 1969 | SV Großräschen | 1:46:36 | 15 |
| 12. Skeries , Frank | 1972 | BSG Pneumant Fürstenwalde | 1:48:26 | 14 |
| 13. Hänel, Steffen | 1971 | Tri-Team Niederschlesien Kodersdorf | 1:53:04 | 13 |
| 14. Weichert, René | 1971 | SV Wacker Komptendorf | 1:53:30 | 12 |

M 45

| | | | | |
|-----------------------|------|---------------------------|---------|----|
| 1. Herke, Wolfgang | 1963 | LTSV Forst 1990 | 1:25:10 | 30 |
| 2. Stenzel, Ingo | 1967 | SV Motor Saspow | 1:30:13 | 27 |
| 3. Duschka, Kay | 1966 | SV Wacker Komptendorf | 1:31:04 | 24 |
| 4. Berlin, Thomas | 1963 | Die Rennschnecken Cottbus | 1:33:21 | 22 |
| 5. Magath, Kay | 1966 | FC Rot-Weiß Sallgast | 1:34:54 | 21 |
| 6. Reitsch, Karsten | 1963 | Cottbuser Laufsocken | 1:37:58 | 20 |
| 7. Kahle-Böhlig, Jens | 1966 | SV Döbern | 1:38:59 | 19 |

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|----------------------|------|---------------------------|---------|----|
| 8. Löwa, Gerd | 1963 | Cottbus | 1:43:31 | 18 |
| 9. Meyer, Jörg | 1963 | Berlin | 1:47:43 | 17 |
| 10. Himmelberg, Axel | 1965 | Die Rennschnecken Cottbus | 1:47:59 | 16 |
| 11. Malski, Piotr | 1965 | Lubin/Polen | 1:48:06 | 15 |
| 12. Beer, Carsten | 1967 | TSG KW Boxberg/Weißwasser | 1:53:31 | 14 |

M 50

| | | | | |
|---------------------|------|-----------------------------------|---------|----|
| 1. Malig, Ralf | 1961 | Bowlingclub Senftenberg | 1:24:30 | 30 |
| 2. Brunsch, Ingolf | 1960 | LTSV Forst 1990 | 1:27:38 | 27 |
| 3. Kaiser, Henry | 1962 | DVAG Marathon Team Frankfurt/Main | 1:47:54 | 24 |
| 4. Niebauer, Klaus | 1959 | WSG Am Fließ Cottbus | 1:49:18 | 22 |
| 5. Prescher, Thomas | 1962 | Cottbuser Parkläufer | 2:19:10 | 21 |

M 55

| | | | | |
|--------------------------|------|------------------------------------|---------|----|
| 1. Schwiebs, Bernd | 1957 | Hoyerswerda | 1:29:58 | 30 |
| 2. Pohle, Hans-Joachim | 1955 | SV Großräschen | 1:36:13 | 27 |
| 3. Wunderlich, Ralf | 1957 | FLB Cottbus | 1:45:02 | 24 |
| 4. Schuster, Hans-Jürgen | 1953 | Cottbuser Parkläufer | 1:55:57 | 22 |
| 5. Jannaschk, Bernd | 1956 | Cottbuser Parkläufer | 1:56:52 | 21 |
| 6. Coon, Ron | 1954 | Therapiezentrum Priormühle Cottbus | 2:04:59 | 20 |
| 7. Mache, Matthias | 1953 | Umbau 53 | 2:05:00 | |
| 8. Roth, Peter | 1953 | Spremberg | 2:07:39 | 19 |
| 9. Megel, Heinz-Dieter | 1953 | Zahsow | 2:27:54 | 18 |

M 70

| | | | | |
|--------------------|------|----------------------|---------|----|
| 1. Regehr, Gerhard | 1942 | Cottbuser Parkläufer | 1:51:47 | 14 |
|--------------------|------|----------------------|---------|----|

W 35

| | | | | |
|-------------------------|------|-----------------|---------|----|
| 1. Thierfelder, Kerstin | 1977 | LTSV Forst 1990 | 1:41:47 | 20 |
|-------------------------|------|-----------------|---------|----|

W 40

| | | | | |
|----------------------|------|----------------------|---------|----|
| 1. Hein, Susanne | 1971 | Neustadt/Spree | 1:45:42 | 11 |
| 2. Redantz, Dr. Anke | 1969 | Cottbuser Parkläufer | 1:50:30 | 10 |
| 3. Mahrla, Sylvia | 1969 | LC Cottbus | 2:02:13 | 9 |

W 45

| | | | | |
|-------------------|------|---------------------------|---------|---|
| 1. Berlin, Birgit | 1965 | Die Rennschnecken Cottbus | 1:44:51 | 7 |
| 2. Krause, Ina | 1965 | Schweriner SC | 2:10:48 | 6 |

W 60

| | | | | |
|--------------------|------|---------|---------|----|
| 1. Schmidt, Sabine | 1951 | Cottbus | 2:02:14 | 22 |
|--------------------|------|---------|---------|----|

10 km

M 12/13

| | | | | |
|--------------------|------|----------------|-------|----|
| 1. Mielke, Lennart | 1999 | Taeguk Cottbus | 50:46 | 15 |
|--------------------|------|----------------|-------|----|

M 14/15

| | | | | |
|---------------------|------|---------------------|-------|----|
| 1. Scharmacher, Tim | 1998 | Cottbus/OT Döbbrick | 55:21 | 10 |
|---------------------|------|---------------------|-------|----|

M 16/17

| | | | | |
|---------------------|------|----------------|-------|----|
| 1. Nsingi, Ricky | 1996 | LC Cottbus | 36:40 | 30 |
| 2. Karras, Conny | 1996 | LC Cottbus | 38:32 | 27 |
| 3. Pagel, Laurenz | 1995 | LC Cottbus | 38:33 | 24 |
| 4. Bushko, Wolodja | 1996 | LC Cottbus | 39:15 | 22 |
| 5. Peschick, Joshua | 1995 | FLB Cottbus | 43:59 | 21 |
| 6. Klotz, Stefan | 1995 | SV Großräschen | 46:32 | 20 |

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|-----------------------|------|-----------------------|---------|----|
| 7. van der Meer, Nico | 1996 | ESV Lok RAW Cottbus | 46:58 | 19 |
| 8. Görsch, Michael | 1995 | SV Wacker Komptendorf | 57:45 | 18 |
| 9. Roquette, Dannis | 1996 | Doberlug-Kirchhain | 1:07:13 | 17 |

M 18/19

| | | | | |
|--------------------|------|-------------|-------|----|
| 1. Kley, Christian | 1993 | LC Cottbus | 34:48 | 30 |
| 2. Wetzck, Marvin | 1993 | TSV Cottbus | 36:25 | 27 |
| 3. Trost, Martin | 1993 | TSV Cottbus | 43:35 | 24 |

M 20

| | | | | |
|-----------------------|------|-----------------------------|---------|----|
| 1. Senczyszyn, Zoltan | 1984 | LC Cottbus | 32:45 | 19 |
| 2. Hörnig, Eric | 1992 | LC Cottbus | 35:48 | 18 |
| 3. Belka, Christian | 1983 | Team Sport Freigang Cottbus | 37:51 | 17 |
| 4. Schulz, Christian | 1989 | Die Rennschnecken Cottbus | 41:51 | 16 |
| 5. Nguyen, Nam | 1992 | ESV Lok RAW Cottbus | 42:13 | 15 |
| 6. Herberger, Martin | 1985 | Cottbus | 43:01 | 14 |
| 7. Bogacz, Rico | 1987 | Cottbus | 43:24 | 13 |
| 8. Ruhbach, Levon | 1992 | Kathlow | 45:18 | 12 |
| 9. Wagner, Manuel | 1989 | SV Großräschen | 45:50 | 11 |
| 10. Platta, Kristian | 1991 | LC Cottbus | 46:35 | 10 |
| 11. Gerber, Christian | 1985 | Cottbus | 49:13 | 9 |
| 12. Thomas, Chris | 1984 | Cottbus | 51:35 | 8 |
| 13. Blaschke, Dirk | 1984 | Team 94,5 Radio Cottbus | 52:25 | 7 |
| 14. Kubein, Thomas | 1989 | Laubsdorf | 53:20 | 6 |
| 15. Herrmann, Marcel | 1990 | ESV Lok RAW Cottbus | 57:47 | 5 |
| 16. Mandrossa, Stefan | 1985 | LT Lausitz Hoyerswerda | 1:20:42 | 4 |
| 17. Schlachte, Rainer | 1986 | LT Lausitz Hoyerswerda | 1:43:00 | 3 |

M 30

| | | | | |
|----------------------|------|---------------------------|-------|----|
| 1. Dworatzek, Falk | 1982 | Berliner Feuerwehr | 35:49 | 19 |
| 2. Linke, Christian | 1978 | LTSV Forst 1990 | 42:05 | 18 |
| 3. Judis, Robert | 1981 | Feuerwehr Cottbus | 42:36 | 17 |
| 4. Mager, Ronny | 1982 | Feuerwehr Cottbus | 48:31 | 16 |
| 5. Kaiser, Kevin | 1979 | Feuerwehr Cottbus | 49:57 | 15 |
| 6. Semmler, Thomas | 1979 | Cottbus | 50:39 | 14 |
| 7. Müller, Sebastian | 1980 | Die Rennschnecken Cottbus | 57:02 | 13 |

M 35

| | | | | |
|-------------------------|------|-----------------------------------|-------|----|
| 1. Franz, Norman | 1977 | Cottbus | 39:04 | 22 |
| 2. Kosmella, Matthias | 1976 | TV Georgsmarienhütte | 39:32 | 21 |
| 3. Steuer, Jens | 1976 | TSV Cottbus | 41:18 | 20 |
| 4. Schiemenz, Alexander | 1976 | Harry Brot GmbH Schenefeld | 41:29 | 19 |
| 5. Seibt, Daniel | 1977 | BSV Jänschwalde | 42:19 | 18 |
| 6. Pietsch, Jan | 1974 | Team Sport Freigang Cottbus | 42:54 | 17 |
| 7. Weise, Lars | 1973 | BSG Sparkasse Spree-Neiße Cottbus | 45:30 | 16 |
| 8. Kranig, Matthias | 1975 | Ibykus Kranig Cottbus-Schmelwitz | 45:42 | 15 |
| 9. Pohl, Maik | 1977 | Spremberg | 46:41 | 14 |
| 10. Jahn, Ingo | 1975 | RBB-Laufbewegung Cottbus | 48:21 | 13 |
| 11. Mydlak, Karsten | 1975 | Cottbus | 51:41 | 12 |
| 12. Gruneisen, Henry | 1974 | Team 94,5 Radio Cottbus | 52:27 | 11 |
| 13. Winter, Frank | 1975 | Cottbus | 52:55 | 10 |

M 40

| | | | | |
|----------------------|------|-----------------------------|-------|----|
| 1. Sperling, Andreas | 1971 | Team Sport Freigang Cottbus | 39:24 | 11 |
| 2. Manig, Matthias | 1970 | Luckauer Läuferbund | 40:16 | 10 |
| 3. Worlitz, Gordon | 1972 | LTSV Forst 1990 | 42:03 | 9 |
| 4. Ott, Nico | 1971 | VfB Döbbrick | 42:04 | 8 |
| 5. Wenzke, Jörg | 1969 | Cottbus | 43:15 | 7 |
| 6. Wetzck, Carsten | 1969 | TSV Cottbus | 43:34 | 6 |

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|-----------------------------|------|-----------------------------------|---------|---|
| 7. Gruber, Martin | 1970 | TSV Cottbus | 44:07 | 5 |
| 8. Auge, Andreas | 1971 | BSG Sparkasse Spree-Neiße Cottbus | 45:38 | 4 |
| 9. Masnik, André | 1970 | FLB Cottbus | 47:05 | 3 |
| 10. Dräger, Michael | 1969 | ESV Lok RAW Cottbus | 47:34 | 2 |
| 11. Hentschke, Frank | 1968 | Team 94,5 Radio Cottbus | 48:53 | 1 |
| 12. Birghan, Benno | 1972 | Team Sport Freigang Cottbus | 50:22 | 0 |
| 13. Kober, Steffen | 1969 | TSV 1862 Peitz | 50:38 | 0 |
| 14. Mielke, Bert | 1972 | BSG Sparkasse Spree-Neiße Cottbus | 50:49 | 0 |
| 15. Berthold, André | 1971 | SC Hoyerswerda | 51:01 | 0 |
| 16. Schleifenbaum, Nikolaus | 1969 | Cottbus | 54:10 | 0 |
| 17. Richter, Guido | 1972 | LC Bergen | 57:19 | 0 |
| 18. Thomas, Jan | 1970 | Guben | 57:20 | 0 |
| 19. Krüger, Torsten | 1969 | BSG Sparkasse Spree-Neiße Cottbus | 57:31 | 0 |
| 20. Henning, Kai | 1968 | ESV Lok RAW Cottbus | 58:19 | 0 |
| 21. Zwicker, Frank | 1968 | Team Sport Freigang Cottbus | 1:19:33 | 0 |

M 45

| | | | | |
|-----------------------|------|--|---------|----|
| 1. Peters, Jens | 1964 | Cottbus | 36:42 | 13 |
| 2. Lenz, Michael | 1967 | SV Großräschen | 41:59 | 12 |
| 3. Hedelt, Jörg-Mario | 1964 | TSV Cottbus | 42:50 | 11 |
| 4. Schenk, André | 1967 | Team Sport Freigang Cottbus | 44:05 | 10 |
| 5. Kley, Thomas | 1965 | Team "MediFit" Cottbus | 44:08 | 9 |
| 6. Hoppenz, Torsten | 1967 | Team Sport Freigang Cottbus | 44:57 | 8 |
| 7. Kursawe, Andreas | 1964 | HC Lok Peitz | 45:48 | 7 |
| 8. Griesbach, Thomas | 1967 | Cottbus | 46:38 | 6 |
| 9. Grosse, Olaf | 1963 | Die Rennschnecken Cottbus | 47:57 | 5 |
| 10. Vogel, Steffen | 1964 | Team Sport Freigang Cottbus | 48:44 | 4 |
| 11. Balog, Gyula | 1964 | SV Großräschen | 48:54 | 3 |
| 12. Schieritz, Jens | 1966 | Team Sport Freigang Cottbus | 49:40 | 2 |
| 13. Kockott, Frank | 1964 | Cottbus | 50:26 | 1 |
| 14. Schroschk, Roland | 1967 | Cottbus | 50:54 | 0 |
| 15. Nikolay, Thomas | 1965 | Drachhausen | 53:18 | 0 |
| 16. Blaser, Andreas | 1966 | Cottbus | 53:21 | 0 |
| 17. Lenk, Thomas | 1966 | LLG Luckenwalde | 53:32 | 0 |
| 18. Schneider, Roland | 1963 | Cottbus | 54:25 | 0 |
| 19. Polland, Wolfgang | 1963 | Cottbus | 56:28 | 0 |
| 20. Krause, Olaf | 1963 | Schweriner SC | 58:28 | 0 |
| 21. Teuber, Carsten | 1964 | Lausitzer Yacht- u. Segelclub Hoyerswerd | 58:55 | 0 |
| 22. Noack, Thomas | 1965 | TSG KW Boxberg/Weißwasser | 1:00:00 | 0 |
| 23. Poetzsch, Carsten | 1963 | Team Sport Freigang Cottbus | 1:01:01 | 0 |

M 50

| | | | | |
|------------------------|------|-----------------------------|-------|----|
| 1. Münch, Gundolf | 1961 | Cottbus | 40:25 | 20 |
| 2. Grisk, Detlef | 1960 | LG Vetschau | 41:24 | 19 |
| 3. Wegner, Frank | 1959 | TSV Cottbus | 41:42 | 18 |
| 4. Busse, Ingo | 1962 | LTSV Forst 1990 | 42:21 | 17 |
| 5. Karras, Hans-Jürgen | 1961 | LTSV Forst 1990 | 43:05 | 16 |
| 6. Straube, Volker | 1958 | Team 94,5 Radio Cottbus | 43:14 | 15 |
| 7. Knothe, Torsten | 1962 | Kolkwitz | 44:04 | 14 |
| 8. Kiank, Jens-Uwe | 1958 | Fitness First Cottbus | 44:51 | 13 |
| 9. Spreer, Rolf | 1960 | Team Sport Freigang Cottbus | 45:15 | 12 |
| 10. Hermann, Olaf | 1961 | Cottbus | 46:55 | 11 |
| 11. Roß, Wieland | 1961 | SV Wacker Komptendorf | 48:39 | 10 |
| 12. Vogt, Volker | 1962 | RBB-Laufbewegung Cottbus | 49:03 | 9 |
| 13. Jagel, Rolf | 1962 | Glinzig | 49:05 | 8 |
| 14. Brade, Dirk | 1959 | Die Rennschnecken Cottbus | 49:08 | 7 |
| 15. Michel, Lutz | 1960 | Spremberg | 49:15 | 6 |
| 16. Czentarra, Andreas | 1961 | Team Sport Freigang Cottbus | 49:18 | 5 |
| 17. Kernig, Axel | 1959 | AC Cottbus | 49:27 | 4 |

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|----------------------------|------|---------------------------------|---------|---|
| 18. Knaut, Uwe | 1962 | Team Sport Freigang Cottbus | 49:51 | 3 |
| 19. Hampel, Thomas | 1961 | Schorbus | 51:21 | 2 |
| 20. Trost, Rüdiger | 1960 | Cottbus | 51:23 | 1 |
| 21. Görsch, Harri | 1961 | SV Wacker Komptendorf | 52:48 | 0 |
| 22. Hartmann, Uwe | 1959 | Lausitzer Segelclub Hoyerswerda | 52:50 | 0 |
| 23. Richter, Uwe | 1961 | Cottbuser Laufsocken | 53:13 | 0 |
| 24. Hübner, Bernd | 1958 | Turnow | 55:18 | 0 |
| 25. Maier-Peveling, Dieter | 1961 | Team Sport Freigang Cottbus | 55:22 | 0 |
| 26. Poßner, Peter | 1958 | Cottbus | 59:51 | 0 |
| 27. Münster, Hartmut | 1961 | LLF | 1:00:56 | |
| 28. Buckhardt, Mario | 1961 | LT Lausitz Hoyerswerda | 1:06:40 | 0 |

M 55

| | | | | |
|-----------------------|------|-----------------------------|-------|----|
| 1. Fendley, Peter | 1953 | Worksop Harriers/England | 43:38 | 17 |
| 2. Thiele, Frank | 1957 | TSV Cottbus | 47:00 | 16 |
| 3. Hoffmann, Uwe | 1957 | Team Sport Freigang Cottbus | 47:48 | 15 |
| 4. Rejke, Bernhard | 1953 | Team Sport Freigang Cottbus | 49:25 | 14 |
| 5. Janus, Rolf | 1957 | Guben | 50:12 | 13 |
| 6. Jähnel, Peter | 1953 | RBB-Laufbewegung Cottbus | 50:59 | 12 |
| 7. Rössler, Siegfried | 1956 | Team Sport Freigang Cottbus | 51:13 | 11 |
| 8. Wagner, Ronald | 1957 | RBB-Laufbewegung Cottbus | 52:51 | 10 |

M 60

| | | | | |
|-----------------------------|------|-------------------------------|---------|----|
| 1. Kühne, Dr. Martin | 1949 | Cottbuser Parkläufer | 40:52 | 30 |
| 2. Krüger, Klaus-Stefan | 1950 | MSV Tripoint Frankfurt (Oder) | 45:09 | 27 |
| 3. Laatz, Günter | 1951 | FLG Spremberg | 45:26 | 24 |
| 4. Raschke, Bodo | 1951 | TSG KW Boxberg/Weißwasser | 45:49 | 22 |
| 5. Hannusch, Klaus | 1950 | SV Eintracht Drehnow | 47:15 | 21 |
| 6. Zimmermann, Gerd | 1951 | RBB-Laufbewegung Cottbus | 49:17 | 20 |
| 7. Hylla, Helmut | 1951 | Spremberg | 49:32 | 19 |
| 8. Hensel, Heinz | 1950 | City-Sprint Europa Cottbus | 49:46 | 18 |
| 9. List, Hans-Joachim | 1949 | Ruhland | 50:10 | 17 |
| 10. Grünwald, Günter Franz | 1952 | NLLB Cottbus | 51:45 | 16 |
| 11. Kleemann, Edgar | 1951 | FLG Spremberg | 52:59 | 15 |
| 12. Berger, Dr. Hans-Jürgen | 1952 | Berlin | 54:42 | 14 |
| 13. Weimann, Volker | 1951 | Drebkau | 57:14 | 13 |
| 14. Lange, Frank | 1949 | RBB-Laufbewegung Cottbus | 1:35:10 | 12 |

M 65

| | | | | |
|--------------------------|------|-----------------------------|---------|----|
| 1. Oppitz, Siegbert | 1945 | FLB Cottbus | 43:58 | 30 |
| 2. Heiden, Eckehard | 1945 | SV Wacker Komptendorf | 45:13 | 27 |
| 3. Braeuer, Dr. Dietmar | 1947 | NLLB Cottbus | 52:24 | 24 |
| 4. Zachmann, Wilfried | 1947 | TSG KW Boxberg/Weißwasser | 53:43 | 22 |
| 5. Hannusch, Hans-Jürgen | 1943 | TSG KW Boxberg/Weißwasser | 56:49 | 21 |
| 6. Lepka, Dieter | 1947 | Team Sport Freigang Cottbus | 1:02:17 | 20 |

M 70

| | | | | |
|----------------------|------|-------------------------------|---------|----|
| 1. Primke, Siegfried | 1939 | LTSV Forst 1990 | 47:55 | 30 |
| 2. Harms, Siegfried | 1941 | NLLB Cottbus | 48:25 | 27 |
| 3. Dreißig, Konrad | 1942 | RBB-Laufbewegung Cottbus | 52:17 | 24 |
| 4. Katzmann, Karl | 1941 | LG Vetschau | 52:44 | 22 |
| 5. Lipski, Günter | 1942 | RBB-Laufbewegung Cottbus | 53:59 | 21 |
| 6. Bogs, Jürgen | 1941 | MSV Tripoint Frankfurt (Oder) | 54:53 | 20 |
| 7. Frieß, Horst | 1940 | LTSV Forst 1990 | 56:55 | 19 |
| 8. Krowitzky, Heiner | 1942 | NLLB Cottbus | 57:43 | 18 |
| 9. Münzberg, Dieter | 1940 | Cottbus | 57:53 | 17 |
| 10. Brauns, Jobst | 1938 | Cottbus | 1:00:24 | 16 |
| 11. Berndt, Rudolf | 1938 | Lübbenau/OT Eisdorf | 1:12:38 | 15 |

M 75

| | | | | |
|-----------------------------|------|--------------------------|---------|----|
| 1. Tschirner, Klaus-Diether | 1936 | SV Lok Schleife | 49:34 | 30 |
| 2. Zosel, Armin | 1934 | TSV 1862 Radeburg | 51:59 | 27 |
| 3. Tinius, Hans | 1935 | NLLB Cottbus | 59:25 | 24 |
| 4. Dümke, Jürgen | 1937 | NLLB Cottbus | 1:03:19 | 22 |
| 5. Schulz, Dieter | 1937 | LTSV Forst 1990 | 1:05:04 | 21 |
| 6. Hohmann, Leo | 1933 | ESV Lok Potsdam | 1:14:48 | 20 |
| 7. Lerche, Dr. Bertram | 1934 | LTSV Forst 1990 | 1:22:19 | 19 |
| 8. Walter, Rudolf | 1935 | RBB-Laufbewegung Cottbus | 1:32:06 | 18 |

M 80

| | | | | |
|-----------------|------|-------------|---------|----|
| 1. Beyer, Klaus | 1932 | LG Vetschau | 1:06:24 | 30 |
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W 16/17

| | | | | |
|------------------------|------|------------|-------|----|
| 1. Blumentritt, Sarina | 1995 | LC Cottbus | 48:24 | 30 |
|------------------------|------|------------|-------|----|

W 18/19

| | | | | |
|---------------------|------|---------------------|-------|----|
| 1. Wetzck, Michelle | 1994 | TSV Cottbus | 48:30 | 30 |
| 2. Schirmag, Tina | 1993 | ESV Lok RAW Cottbus | 57:49 | 27 |

W 20

| | | | | |
|------------------------|------|------------------------|---------|----|
| 1. Zaborowski, Sarah | 1989 | TSV Cottbus | 41:34 | 30 |
| 2. Köhler, Ines | 1985 | FLB Cottbus | 44:47 | 27 |
| 3. Penske, Franziska | 1990 | TSV Cottbus | 48:32 | 24 |
| 4. Schroschk, Karoline | 1990 | TSV Cottbus | 50:53 | 22 |
| 5. Rübesam, Romy | 1983 | Trebendorf | 53:27 | 21 |
| 6. Titzmann, Annica | 1985 | Cottbus | 53:37 | 20 |
| 7. Thiele, Constanze | 1985 | TSV Cottbus | 57:15 | 19 |
| 8. Jedro, Jessica | 1983 | TSV Cottbus | 58:02 | 18 |
| 9. Balog, Lisa | 1992 | SV Großräschen | 1:02:00 | 17 |
| 10. Tosch, Susi | 1988 | RK Endspurt 09 Cottbus | 1:02:34 | 16 |

W 30

| | | | | |
|------------------------------|------|-----------------------------|---------|----|
| 1. Hermann, Diana | 1982 | LTSV Forst 1990 | 45:08 | 30 |
| 2. Skeries, Alexandra | 1978 | BSG Pneumant Fürstenwalde | 45:51 | 27 |
| 3. Rosendahl, Stefanie | 1982 | Team Sport Freigang Cottbus | 51:04 | 24 |
| 4. Zychowitz-Wimmer, Monique | 1979 | SV Chemie Guben | 52:57 | 22 |
| 5. Schuhart, Sandra | 1980 | LTSV Forst 1990 | 53:07 | 21 |
| 6. Hahn, Angelika | 1982 | Team 94,5 Radio Cottbus | 1:04:09 | 20 |
| 7. Witkowski, Ivette | 1981 | Team 94,5 Radio Cottbus | 1:04:39 | 19 |
| 8. Stiller, Mandy | 1980 | Spremberg | 1:06:50 | 18 |
| 9. Rosenbaum, Janine | 1981 | Lübbenau | 1:22:03 | 17 |

W 35

| | | | | |
|----------------------|------|-------------------------|---------|----|
| 1. Langner, Juliane | 1977 | SV Chemie Guben | 48:51 | 30 |
| 2. Rätze, Yvonne | 1975 | Spremberg | 55:19 | 27 |
| 3. Lehmann, Doreen | 1973 | Drachhausen | 1:00:11 | 24 |
| 4. Kloster, Antje | 1976 | BSV Jänschwalde | 1:00:28 | 22 |
| 5. Schneider, Sandra | 1974 | Team 94,5 Radio Cottbus | 1:07:48 | 21 |

W 40

| | | | | |
|------------------------|------|-----------------------------|---------|----|
| 1. Erben, Susan | 1970 | LC Cottbus | 42:14 | 30 |
| 2. Schmidl, Anke | 1969 | Team Sport Freigang Cottbus | 49:41 | 27 |
| 3. Stenzel, Gritt | 1968 | SV Motor Saspow | 51:02 | 24 |
| 4. Lovric, Peggy | 1972 | LC Cottbus | 51:37 | 22 |
| 5. Sieghardt, Doreen | 1968 | SV Großräschen | 56:57 | 21 |
| 6. Kirchhof, Katrin | 1970 | Team Sport Freigang Cottbus | 58:17 | 20 |
| 7. Steiner, Steffi | 1970 | Team Sport Freigang Cottbus | 58:51 | 19 |
| 8. Scharmacher, Denise | 1971 | Cottbus/OT Döbbrick | 1:01:05 | 18 |

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|--------------------------|------|-----------------------------|---------|----|
| 9. Kühnel, Peggy | 1971 | Cottbus | 1:01:10 | 17 |
| 10. Wolschina, Jeannette | 1972 | Team Sport Freigang Cottbus | 1:02:11 | 16 |
| 11. Vogel, Heike | 1968 | Team Sport Freigang Cottbus | 1:03:30 | 15 |
| 12. Exner, Yvonne | 1971 | Kolkwitzer Badminton Verein | 1:06:55 | 14 |
| 13. Zwicker, Simone | 1970 | Team Sport Freigang Cottbus | 1:19:31 | 13 |
| 14. Geisler, Silke | 1972 | Werben | 1:20:12 | 12 |

W 45

| | | | | |
|------------------------|------|-----------------------------|---------|----|
| 1. Richter, Kerstin | 1967 | SV Großräschen | 48:48 | 30 |
| 2. Schieritz, Anke | 1966 | Team Sport Freigang Cottbus | 49:39 | 27 |
| 3. Herzog, Dagmar | 1966 | Turnow | 49:44 | 24 |
| 4. Keppler, Jana | 1964 | SV Chemie Guben | 50:34 | 22 |
| 5. Kerstan, Angela | 1965 | TSV Cottbus | 50:40 | 21 |
| 6. Behrendt, Gildis | 1963 | Team Sport Freigang Cottbus | 54:36 | 20 |
| 7. Krause, Anke | 1967 | Cottbus | 58:16 | 19 |
| 8. Vogt, Carola | 1964 | RBB-Laufbewegung Cottbus | 58:49 | 18 |
| 9. Seidel, Jacqueline | 1965 | Cottbus | 59:49 | 17 |
| 10. Schäfer, Petra | 1963 | Team 94,5 Radio Cottbus | 1:00:07 | 16 |
| 11. Krampe, Andrea | 1967 | TSG KW Boxberg/Weißwasser | 1:00:44 | 15 |
| 12. Folgentreff, Silke | 1964 | Cottbus | 1:02:33 | 14 |
| 13. Tosch, Sabine | 1963 | ESV Lok RAW Cottbus | 1:02:35 | 13 |
| 14. Gerth, Dagmar | 1963 | Cottbuser Laufsocken | 1:02:36 | 12 |
| 15. Nikolay, Ina | 1967 | Drachhausen | 1:05:39 | 11 |
| 16. Much, Gabriele | 1965 | RBB-Laufbewegung Cottbus | 1:09:07 | 10 |
| 17. Buckhardt, Kerstin | 1964 | LT Lausitz Hoyerswerda | 1:16:24 | 9 |
| 18. Haller, Ina | 1967 | LT Lausitz Hoyerswerda | 1:16:33 | 8 |

W 50

| | | | | |
|---------------------------------|------|---------------------------|---------|----|
| 1. Neumann, Cornelia | 1959 | LC Cottbus | 50:14 | 30 |
| 2. Handreck, Petra | 1962 | LTSV Forst 1990 | 51:20 | 27 |
| 3. Schwingeweitzen, Annekathrin | 1962 | SV Großräschen | 54:24 | 24 |
| 4. Förster, Ingrid | 1958 | LTSV Forst 1990 | 54:38 | 22 |
| 5. Lindner, Tosca | 1961 | Cottbus | 1:02:04 | 21 |
| 6. Jurtz, Bettina | 1962 | Die Rennschnecken Cottbus | 1:02:38 | 20 |
| 7. Fischer, Sylvia | 1958 | Spremberg | 1:08:00 | 19 |
| 8. Michel, Ingrid | 1961 | Spremberg | 1:08:20 | 18 |

W 55

| | | | | |
|-----------------------------|------|-----------------------------|---------|----|
| 1. Nickel Trzeciak, Christa | 1953 | Werben | 49:50 | 30 |
| 2. Wimmer, Ingrid | 1953 | SV Chemie Guben | 52:15 | 27 |
| 3. Praeger, Therese | 1953 | SV Chemie Guben | 54:00 | 24 |
| 4. Brauer, Karin | 1956 | WSG 81 Königs Wusterhausen | 54:11 | 22 |
| 5. Schirm, Jutta | 1954 | Team Sport Freigang Cottbus | 1:03:29 | 21 |
| 6. Reiter, Petra | 1956 | LTSV Forst 1990 | 1:05:03 | 20 |
| 7. Braeuer, Adelheid | 1953 | NLLB Cottbus | 1:07:26 | 19 |
| 8. Kiesewetter, Karin | 1955 | RBB-Laufbewegung Cottbus | 1:09:06 | 18 |
| 9. Zimmermann, Christa | 1957 | LTSV Forst 1990 | 1:12:25 | 17 |

W 60

| | | | | |
|---------------------|------|-------------------------------|---------|----|
| 1. Krüger, Sigrid | 1950 | MSV Tripoint Frankfurt (Oder) | 51:15 | 30 |
| 2. Berndt, Eleonore | 1949 | Lübbenau/OT Eisdorf | 1:15:12 | 27 |
| 3. Lange, Sylvia | 1948 | RBB-Laufbewegung Cottbus | 1:35:09 | 24 |

W 65

| | | | | |
|----------------------|------|--------------|---------|----|
| 1. Krowitzky, Regina | 1945 | NLLB Cottbus | 1:06:04 | 30 |
|----------------------|------|--------------|---------|----|

W 70

| | | | | |
|---------------------|------|-----------------|-------|----|
| 1. Winkler, Christa | 1941 | LTSV Forst 1990 | 58:53 | 30 |
|---------------------|------|-----------------|-------|----|

W 75

| | | | | |
|-----------------|------|-----------------|---------|----|
| 1. Lerche, Ruth | 1936 | LTSV Forst 1990 | 1:18:48 | 30 |
|-----------------|------|-----------------|---------|----|

5 km**M 06/11**

| | | | | |
|------------------------|------|-----------------------------|-------|----|
| 1. Preuß, Tommy Niklas | 2002 | LC Cottbus | 20:59 | 30 |
| 2. Sperling, Leon | 2001 | Team Sport Freigang Cottbus | 24:03 | 27 |
| 3. Karras, Ivo | 2001 | LTSV Forst 1990 | 24:08 | 24 |
| 4. Mielke, Jannis | 2003 | LC Cottbus | 24:24 | 22 |
| 5. Klotz, Alexander | 2001 | SV Großräschen | 24:55 | 21 |
| 6. Kloß, Timon | 2002 | LC Cottbus | 25:11 | 20 |
| 7. Piazena, Matti | 2002 | TSV Cottbus | 28:45 | 19 |
| 8. Iwanowski, Denis | 2001 | LT Lausitz Hoyerswerda | 32:17 | 18 |

M 12/13

| | | | | |
|-----------------------|------|---------------------------|-------|----|
| 1. Noack, Conrad | 1999 | SV Großräschen | 20:42 | 30 |
| 2. Röder, Steffen | 2000 | Groß Oßnig | 20:57 | 27 |
| 3. Mode, Jonas | 1999 | ESV Lok RAW Cottbus | 23:01 | 24 |
| 4. Heine, Arved | 1999 | ESV Lok RAW Cottbus | 23:15 | 22 |
| 5. Seidel, Eric | 1999 | SV Großräschen | 23:30 | 21 |
| 6. Binte, Nicita | 1999 | ESV Lok RAW Cottbus | 23:58 | 20 |
| 7. Radow, Fabius | 2000 | TSG KW Boxberg/Weißwasser | 24:07 | 19 |
| 8. Werner, Jannis | 1999 | ESV Lok RAW Cottbus | 25:32 | 18 |
| 9. Frischke, Nick | 2000 | SV Großräschen | 26:28 | 17 |
| 10. Burkhardt, Markus | 2000 | LT Lausitz Hoyerswerda | 26:43 | 16 |

M 14/15

| | | | | |
|------------------------|------|---------------------------|-------|----|
| 1. Hartmann, Christian | 1997 | NLLB Cottbus | 19:02 | 30 |
| 2. Krampe, Paul | 1998 | TSG KW Boxberg/Weißwasser | 19:17 | 27 |
| 3. Tosch, Sven | 1997 | ESV Lok RAW Cottbus | 21:00 | 24 |
| 4. König, John | 1997 | ESV Lok RAW Cottbus | 21:01 | 22 |
| 5. Fahrenz, Martin | 1997 | ESV Lok RAW Cottbus | 22:20 | 21 |
| 6. Berger, Daniel | 1997 | ESV Lok RAW Cottbus | 22:21 | 20 |
| 7. König, Sascha | 1998 | ESV Lok RAW Cottbus | 22:52 | 19 |
| 8. König, Konstantin | 1997 | LT Lausitz Hoyerswerda | 24:19 | 18 |
| 9. Kraft, Benedikt | 1998 | ESV Lok RAW Cottbus | 24:45 | 17 |
| 10. Howack, Max | 1998 | SV Wacker Komptendorf | 24:53 | 16 |
| 11. Schmidtchen, Paul | 1998 | SV Großräschen | 25:39 | 15 |
| 12. Kurth, Jann | 1998 | ESV Lok RAW Cottbus | 27:04 | 14 |
| 13. Neitzke, Justin | 1998 | SV Großräschen | 29:02 | 13 |
| 14. Dischmann, Timon | 1997 | ESV Lok RAW Cottbus | 30:31 | 12 |
| 15. Grosse, Peter | 1998 | Die Rennschnecken Cottbus | 32:16 | 11 |

M 16/17

| | | | | |
|--------------------|------|---------------------|-------|--|
| 1. Krause, Andreas | 1996 | ESV Lok RAW Cottbus | 22:08 | |
|--------------------|------|---------------------|-------|--|

M 45

| | | | | |
|---------------------|------|--------------|-------|--|
| 1. Braun, Alexander | 1965 | Klein Gaglow | 23:59 | |
| 2. Piazena, Jörg | 1964 | TSV Cottbus | 28:46 | |

M 80

| | | | | |
|----------------------|------|--------------|-------|--|
| 1. Noack, Karl-Heinz | 1928 | NLLB Cottbus | 38:04 | |
|----------------------|------|--------------|-------|--|

W 06/11

| | | | | |
|-----------------------|------|-----------------------|-------|----|
| 1. Scharmacher, Sarah | 2003 | Cottbus/OT Döbbrick | 34:09 | 30 |
| 2. Weichert, Jasmin | 2005 | SV Wacker Komptendorf | 39:00 | 27 |

W 12/13

| | | | | |
|----------------------|------|-----------------------|-------|----|
| 1. Freigang, Lea | 2000 | LC Cottbus | 21:34 | 30 |
| 2. Roß, Svenja | 1999 | SV Wacker Komptendorf | 24:54 | 27 |
| 3. Duschka, Jette | 2000 | SV Wacker Komptendorf | 25:05 | 24 |
| 4. Preuß, Chantal | 1999 | Cottbus | 28:10 | 22 |
| 5. Rabenhorst, Anett | 1999 | ESV Lok RAW Cottbus | 35:18 | 21 |
| 6. Baehr, Marina | 1999 | ESV Lok RAW Cottbus | 35:19 | 20 |

W 14/15

| | | | | |
|-----------------------|------|---------------------------|-------|----|
| 1. Androck, Lisa | 1997 | LC Cottbus | 19:23 | 30 |
| 2. Beer, Jasmin | 1998 | TSG KW Boxberg/Weißwasser | 20:21 | 27 |
| 3. Kurth, Lilli | 1997 | ESV Lok RAW Cottbus | 27:10 | 24 |
| 4. Weichert, Michelle | 1998 | SV Wacker Komptendorf | 27:46 | 22 |
| 5. Schrade, Clarissa | 1997 | SV Großräschen | 28:13 | 21 |
| 6. Natusch, Thea | 1998 | SV Großräschen | 33:59 | 20 |
| 7. Witt, Ina | 1997 | SV Großräschen | 34:06 | 19 |

W 16/17

| | | | | |
|------------------|------|---------------------------|-------|--|
| 1. Grosse, Luise | 1995 | Die Rennschnecken Cottbus | 32:19 | |
|------------------|------|---------------------------|-------|--|

W 30

| | | | | |
|-------------------|------|----------|-------|--|
| 1. Sünder, Sabine | 1978 | Kolkwitz | 28:53 | |
|-------------------|------|----------|-------|--|

W 40

| | | | | |
|------------------|------|-----------------------|-------|--|
| 1. Weichert, Ute | 1972 | SV Wacker Komptendorf | 39:02 | |
|------------------|------|-----------------------|-------|--|